Recycling and ‘Precycling’ Materials

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In this talk

- the one-off lesson
- strategies for successful lessons
- practical classroom ideas
What is precycling?

CYOC
Carry your own cutlery
BYOU
Bring your own utensils
One-off lesson
What do we mean?

**one-’off adjective, noun**

*adjective*

(BrE)  
(NAmE ‘one-shot)  
[only before noun]

made or happening only once and not regularly

- *a one-off payment*

*noun*

(BrE)

a thing that is made or that happens only once and not regularly

- *It was just a one-off; it won't happen again.*
Two types of one-off lesson

Covering for colleagues:
- unknown students

Trying something different:
- your own jaded students
What’s cooking?  
The basic ingredients
First type of one-off lesson: Covering for a colleague

How do you feel when you have to go in unexpectedly to cover for a colleague?

A  B  C
Covering for a colleague
Three approaches

a.) Try to follow your colleague’s recipe

b.) Create your own dish

c.) Use a ‘fusion’ approach
Following your colleague’s recipe
Trying to teach from the book

Pros
• Continuity
• Convenience
• Books

Cons
• Unfamiliarity
• Tempo
• Less authority
Covering for a colleague
Three approaches

a.) Try to follow your colleague’s recipe

b.) Create your own dish

c.) Use a ‘fusion’ approach
Creating your own dish
Close your books!

Pros
• Freedom
• Novelty
• Communication

Cons
• Preparation
• Unpredictability
• Terra incognita
Practical ideas – no preparation
Always, sometimes, never

• I always enjoy…
• I sometimes enjoy…
• I never enjoy…
Practical ideas – no preparation
Snapshots

c. Work with a partner.
A. Show B some photos of family or friends on your phone or write their names on a piece of paper.
B. Ask three questions about each person.

Who's that?  She's my sister Yolanda.
How old is she?
Practical ideas – no preparation
Story telling
Practical ideas – some preparation

• Recyclable quizzes and games
Bottle top quiz

- Students work in teams
- Distribute bottle tops
- Choose a category
- Place a stake
- Win or lose your stake

Lifestyle  Languages  History  Arts
What is a freegan?
What is a freegan?

→ Someone who won’t pay for food.

Freegans never buy food. We only eat free food. I’m a freegan because I don’t like the food industry and its treatment of animals and the environment. Also, when you buy food in a supermarket, only about 10% of your money goes to farmers. This isn’t fair. I grow a lot of vegetables in my garden, and I find mushrooms, fruit and salad ingredients in the countryside. I also find food in bins outside big shops. Shops throw away six million tonnes of food every year in Britain and a lot of it is good to eat. A freegan diet helps stop the terrible waste of food in our modern world.
Languages

From which language do we get the words *cookie, cruise* and *snack*?
Languages

From which language do we get the words *cookie*, *cruise* and *snack*? → Dutch

1 SPEAKING English has taken words from lots of other languages. In pairs, discuss the meaning of words 1–6 and try to match them to their original languages a–f.

1 banana, OK, jazz  
2 sofa, yoghurt  
3 hurricane, potato  
4 cookie, cruise, snack  
5 jungle, pyjamas  
6 guitar, tornado

1d Caribbean languages  
2f Hindi  
3a Spanish  
4e West African languages  
5b Dutch  
6c Turkish
In which year did Martin Luther King deliver his famous ‘I have a dream’ speech?
In which year did Martin Luther King deliver his famous ‘I have a dream’ speech? → 1963

Martin Luther King was an American clergyman, Nobel Peace Prize winner and one of the most famous leaders of the civil rights movement. Dr King first achieved national fame when he helped people organize a refusal to use a product or service in Montgomery in 1955. People refused to use the buses in support of Rosa Parks. After his success in Montgomery, he went on to organize a public protest against something in Birmingham, Alabama, where there was violent resistance to the black civil rights movement. Civil rights protesters received warnings of an intention to hurt someone and some were attacked. Dr King was arrested, although the protest was non-violent.

Dr King carried on the difficult fight against the treatment of one group of people worse than others because they are different and joined a huge civil rights walk to protest against something in Washington. It was there, in August 1963, that he delivered his famous ‘I have a dream’ speech. In his speech, he predicted a day when social unfairness would end, and freedom and equality would become a reality for everyone in America. Unfortunately, he didn’t live to see that day. On 4 April 1968, Martin Luther King was assassinated during a visit to Memphis, Tennessee.
What type of performance poetry became popular in Chicago in 1986?
What type of performance poetry became popular in Chicago in 1986? → Slam poetry

Non-defining relative clauses

6 Read the text. What is the difference between slam poetry and rap music?

Slam poetry became popular in Chicago in 1986. The first slam poems were performed in a club called the Greenmill Lounge, where jazz musicians usually played. This poetry, which can be performed by anyone, provided a new way for people to get their message across. It encouraged ordinary people, who weren’t used to expressing themselves publicly, to tell their stories or talk about social issues. In fact, slam poetry is very similar to rap. Both are examples of performance poetry, whose aim is to tell a story. The difference is that rap uses music, whereas slam poetry relies on the power of the spoken word.
Bottle-top quiz
Some additional elements

• Double your stake
• Build a bonus
• Life’s not fair
Where can I get quiz questions?

Look around you!
- Vocabulary books
- SB and WB
- Newspapers
- the top of your head

Build a collection
- Common mistakes
- Quiz books
- Online quiz questions
Covering for a colleague
Three approaches

a.) Try to follow your colleague’s recipe

b.) Create your own dish

c.) Use a ‘fusion’ approach
Using a ‘fusion’ approach

Pros
• Flexibility
• Freedom

Cons
• Unpredictability
• Improvisation required
Using the book as a starting point
“We’ve already done that!”

Two recycling activities:
1. Who said what?
   - collect slips of paper
2. True or false?
   - read out your answer

3. Complete the healthy eating questionnaire with *how much* or *how many*. Then answer the questions to find out how healthy your diet is.

1. ________________ do you eat for breakfast?
   a. nothing  b. some cereal  c. a lot of fruit
2. ________________ cola do you drink a day?
   a. a lot  b. a little  c. none
3. ________________ portions of fruit and vegetables do you eat in a day?
   a. none  b. two or three  c. five or more
4. ________________ glasses of water do you drink in a day?
   a. one  b. three  c. more than five
5. ________________ meals do you miss in a week?
   a. a lot  b. a few  c. none
6. ________________ junk food do you eat in a week?
   a. five or six meals  b. two meals  c. none

Mostly As: You don’t eat very well. Try to eat more fruit and drink more water – you’ll feel better.
Mostly Bs: Your diet is OK. Try to drink fewer fizzy drinks and be sure to eat all your meals.
Mostly Cs: You eat very well. You’re a healthy person – keep it up!

5. CHALLENGE! What are your favourite foods? Are they healthy or unhealthy? Write three sentences to explain why.

I think oranges are healthy because they contain a lot of vitamins. Crisps aren’t healthy because ...
Using the book as a starting point
Describing your favourite food...

5D ■ Listening, speaking and vocabulary Delicious or disgusting?

1. **SPEAKING** label the photos (A–C) with the dishes and the countries they come from.

   - Cambodia
   - caterpillars
   - guinea pigs
   - Peru
   - South Africa
   - tarantulas
Second type of one-off lesson

Trying something different

Some activities I’ve tried with my own students:

• *Hi, I’m Anna*
• A brunch date with an attractive orthodontist
• Novelty gifts
• Electro-shock football
Hi, I'm Anna!
Eyewitness descriptions
Can you describe the thief?

Hi, I'm Anna!
Eyewitness descriptions
Students’ reactions

It was difficult to unite my personal diary for something which disappeared so fast. I really really understand the accident. It was a good challenge.

It is very strange, difficult to describe somebody, because when she went away I forgot all the other things. What I saw, I know that she was thin, but I don’t know what was she wearing. It is interesting... :)

I was so so confused, that a personal recount is that difficult. I saw a girl and all what I’m convinced that she was blond. The other informations was just tips. I didn’t understand what she said. It was more difficult than I’ve ever thought.

I think it was a difficult exercise, but I liked it. I would like if we could do more exercises like this.
Write a letter to a hotel in order to book a room.
Include – if you can 😊 - the following phrases:

• “An air-traffic controller from Helsinki”

• “A brunch date with an attractive orthodontist”
Trying something different

Bonus phrases for essays

We need three rooms, all twins. I doubt if there’s a lake nearby where we can do ice fishing, we love doing it. An air traffic controller from Helsinki comes too, and she has some business to do during our stay. She’d have a lunch meeting with an attractive orthodontist from Vaasa, therefore they would need a good brunch before noon if it’s possible. I put a stress on the look of the doctor, that’s because the two of them fancy each other. I’d appreciate so much if you didn’t put anything between the two beds in one of the rooms so they can push them together if they want.
Trying something different

Bonus phrases for essays

First of all, I’d like to apologize for dropping the phone down last time, but I was speed dating back then and the girl had just arrived while we were talking (if you’re curious, it was a brand meeting with an attractive orthodontist). I hope I didn’t make a bad impression, but if I did, this letter will change your mind.

P.S. I hope this is your address. Last letter I sent to you was delivered to an air traffic controller in Helsinki.
Designing a novelty gift

- Situation (most people think...)
- Problem (most people forget...)
- Solution! (what we need to do...)

SALES PITCH
- Think of a product
- "Novelty Xmas Gift"
- build the prototype
- practise your "pitch"
- give your short presentation

Include:
- strategy & logistics
- price
- availability
- target customers
- advertising & marketing

Homework:
- Make a poster to go with your pitch (At paper/digital infographic)

Design a novelty gift
Electro-shock football

Golden Goal - Elektrosjokkfotball (Electroshock football/soccer...
Quick crossword No 13,537

Across
5 Do as you wish! (2,2,5)
8 Japan's highest peak (4)
9 Cold running drink? (3,5)
10 Member of a branch of Islam (6)
11 Extensive landed property (6)
13 Speaking faculty (6)
15 Roof straw (6)
16 Island part of Tanzania (8)
18 Wharf (4)
19 Stop being so stupid! (4,3,2)

Down
1 Womanly (8)
2 Shrub with white flowers and aromatic berries (6)
3 Young upwardly mobile professional (6)
4 A is A (anag) (4)
5 Squishy green food (5,4)
6 Underskirt (9)
8 Peaceful (8)
14 Official language of Israel (6)
15 List of duties on imports or exports (6)
17 Type of camera lens (4)
Have you ever seen the youtube video called Elektlosidä?lotball?

If you haven't be my guest.

What is it about? Two team other, with a special face/core telling you. It's a zapper collar the hands of the other team time during (or not) the match scene, lets zoom in on the players.
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